

CAPITAL PLACE NEWSLETTER

The Official Newsletter of Capital Place Jakarta

IT'S GOOD TO HAVE YOU BACK



As announced by the Ministry for Home Affairs, DKI Jakarta is now under Level 1 PPKM restrictions, effective from 24 May 2022. Activities for both essential and non-essential sector can be applied to a maximum of 100% Work From Office (WFO) for employees who have been vaccinated and are required to use the PeduliLindungi application. The 100% capacity regulation is also implemented for restaurants, cafes and other recreational areas or public places, such as the cinemas and the gyms.



MASK REGULATION

As the pandemic is currently more controlled, Indonesia's President Joko Widodo has announced the relaxation of the mask policy only for outdoor activities or in an open areas that are not crowded with people, that they are allowed not to wear masks. While for indoor activities and on public transportation, masks should still be worn.

PANCASILA DAY

Indonesia's founding father and first President, Sukarno, introduce the ideology of Pancasila during his speech on June 1st 1945 prior to the independence of Indonesia Nation. This ideology formed the official foundational philosophical theory of the Indonesian State.

In 2016, President Joko Widodo through the Presidential Decree No. 24/ 2016 made 1st June as a national holiday. The first observation of the holiday was on June 1st 2017.



HAPPY 495TH ANNIVERSARY

"Jakarta Hajatan" has been chosen as the theme for the city anniversary, formerly known as Batavia, because it gives a celebration meaning that is close to the term in Indonesia.

This theme is considered to have a message of optimism and evidence from the efforts carried out by the DKI Jakarta Provincial Government, both those that have been realized and those that will be carried out.

COMING SOON..

Stay tuned for something special through out the final week of June!



DO YOU MISS DINING-IN IN THESE RESTAURANTS?



**YES! WE'RE
OPEN
IN FOODST3PS**

SEKAR PALA

We are pleased to inform you that Sekar Pala has returned to serve you the delicacy of Indonesia cuisine. Their famous Sop Buntut and Mie Rempah are definitely favorites!



SUNDAYA

Another option for your lunch at Capital Place has been added!

Let's welcome Sundaya back at Foodst3ps, Capital Place Retail Podium on Level 3.

If you are a fan of Indonesian food, especially Sundanese cuisine, or simply looking for a warm, and rich of flavor bowl of Sayur Asem, then Sundaya is a must visit. Don't forget to also try their Ayam Bakar or Empal Bacem which come with variety of sambal options for you to choose.

WHAT'S FOR BREAKFAST, AT CAPITAL PLACE?

Breakfast is, as we know, the most important meal of the day. Our concierge has curated a couple of breakfast options at Capital Place. From *Indomie* with *Kopi Sachet* to Cappuccino with freshly baked pastries, you can choose whatever you wish to fill up your tummy in the morning.



BUANA BAKERY, LEVEL 3

Iced Tea / Coffee - 14K

Choices of Bread - 6K - 12K



UKM CANTEEN, LEVEL B2

Indomie - 13K

Instant drinks / coffee - 5K



KOPITIAM, LEVEL 3

Traditional Kaya Toast Set (with coffee and 2 soft boiled eggs) - 50K



FAMILY MART, LEVEL 3

Kopi Susu Keluarga - 13K

FM Pastries - 10K



DOLCETTO, LEVEL 1

Dolcetto Breakfast Set - 78K

(include your choice of coffee / tea and 2 freshly baked danish)



KOPI KENANGAN, LEVEL 1

Kopi Kenangan Mantan - 18K

Cerita Roti - 15K

WHAT'S ON AT THE MOVIES

June 2022

Jurassic World Dominion

The future of mankind hangs in the balance as humans and dinosaurs coexist following the destruction of Isla Nublar.

Jurassic World Dominion will be in the cinema on 8 June 2022.



Lightyear

Buzz Lightyear embarks on an intergalactic adventure with a group of ambitious recruits and his robot companion.

Lightyear will be on the cinema starting on June 17, 2022.

Did you know that our concierge could happily assist you in purchasing tickets, be it cinema, festival, gigs, and even flights?

To make your work life easier, please do not hesitate to reach out our concierge at the lobby level or phone at +62 21 2277 5959 and email at concierge@capitalplace.co.id

TIPS ON GETTING READY TO GO BACK TO THE OFFICE

An article by Deasy

After more than two years, many companies that switched to working fully remote during the COVID-19 pandemic are now asking employees to return to the office. But heading back to the office is going to require some adjustments for many employees. If you're returning to the office on either a full-time or hybrid schedule, here are 6 ways to prepare yourself for the change.



Get to know your company's COVID policies

Your office likely has undergone a number of changes since the pandemic began, it's important to talk to your managers or human resources (HR) department to get a sense of what will be different now. You'll also want to determine whether you're going back to the office full time or whether you'll adopt a hybrid schedule.

Check on your physical fitness

Some folks used the pandemic as an opportunity to embrace health and fitness. And others used it as an opportunity to embrace sweatpants and Netflix. Either way, commuting to and being in the office all day is going to require some physical endurance that you may not have maintained at home. Of course, it's important to check with your physician before starting any exercise regime. But think about the walking and physical strength you'll need for your job and commute and think about what you'll need to do get ready for your days.

Remember what you put in your pockets or purse

Wallet. Glasses. Mask. Keys. Lip balm. Company ID. Phone. It's time to get used to going through your personal checklist again to be sure you have what you need to get through your day. Get reacquainted with your essentials, how you carry them, and how you ensure you haven't forgotten anything. What may have been a habit a year or two ago may now require some attentiveness.

Test-drive your commute

Another thing that may have changed is your commute, many public transit agencies revised their train and bus schedules at the start of the pandemic and still may not be running as frequently as they did two years ago. Double-check mass transit schedules (and prices), detours on driving routes due to new road work, and even toll changes. It might also be a good idea to do a dry run of your commute before your first day back at the office to see if anything significant has changed.

Adjust your sleep schedule

If you've gotten into the habit of staying up or sleeping later than you did pre-pandemic, adjusting to an earlier alarm clock setting might take some getting used to. After all, you'll need to allow time for your back-to-the-office morning routine.

Talk to your employer about your concerns

Working from home became the norm for many companies as an effort to deter the spread of COVID-19 among employees. Whether you wanted to wipe down your groceries or wear a mask all day, you could protect yourself as much as you wished at home regardless of what your coworkers were doing.

That could change once you return to the office, but your safety should still be a priority for both you and your employer.

It's important to discuss company infection prevention policies with your HR department or manager. Determine your comfort level depending on your individual circumstances. Ask about policies regarding harassment in the workplace about vaccination status, mask wearing and other COVID-19-prevention measures.

With a little planning and preparation, you can head back to the office confident and ready to enter this next phase of the workplace.

SWEET SWEET JUNE, GELATOMANIA



Enjoy a cup of sweetly refreshing Gelato with varieties of flavor options every Wednesday and Friday from 10am to 2pm throughout June 2022.

The Gelato cart is located just next to Dolcetto counter, come visit by!



LUXURY FAMILY RETREAT - STAYCATION FOR FAMILY



Looking for your next weekend staycation? Our light-filled private retreats are perfect for spending magical moments with loved ones. Plan your next family getaway with our Luxury Family Retreat offer.

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