

SEPTEMBER NEWSLETTER



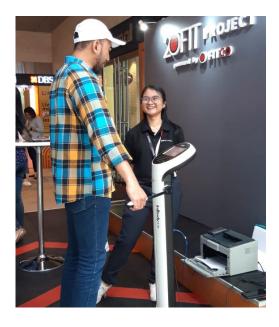
Capital Place DANAgustusan Food Truck

A special thanks to DANA for sponsoring five food trucks at Capital Place from Monday, 19 August 2019 to Friday, 23 August 2019. Customers enjoyed the food trucks including Blackpan, KOK, Mobicoffee, Husband & Wife and Es Goyang.

CAPITAL PLACE x 20FIT PROJECT

We are pleased to announce that 20Fit Gymnasium will be opening on Level 3, Capital Place in Q4/2019. As part of their registration drive, the 20Fit Project Team are offering Special Pre-opening Deals. Get your special offer at 20FIT Project booth in front of Komunal from 10AM - 9PM on weekdays and 12PM -6PM on weekends. They can also visit your office to discuss their special corporate rates for you and your colleagues.

For further information, feel free to contact: +62812 9988 2917.





L-R : Mr. Nicholas (Lazada), Mr. Andrew (GM Capital Place) and Mr. Moses (TIX ID)

BURN CALORIES FAST WITH VIBRANT AND VIGOROUS LATIN AMERICAN STYLE DANCE CLASS

Improve your hip flexibility and work your glutes while combining both aerobic and anaerobic exercise. Salsa fitness includes all the elements of an effective aerobic workout while performing movements related to the hot style of Salsa.

Join our class in Komunal-L2 on 19 Sep 2019 at 6PM.

Attendance is free. Kindly register yourself to Concierge.

BEST RACER IN CAPITAL PLACE

Congratulations to Mr. Nicholas Simmon from Lazada Indonesia and Mr. Moses Kurniawan from TIX ID who are joint winners of Capital Place's "Need for Speed Racer" competition. Both Nicholas and Moses finished on exactly the same time in finishing their mission. They receive a IDR 1,5 million gift voucher each from Four Seasons Hotel Jakarta.

Stay tune for more gaming competitions to come.

#CapitalPlaceGameCompetition



20FIT PROJECT FREE SPECIAL CLASS

Starting from 28 August 2019, 20Fit Project will have special class every Wednesday commencing at 6 PM. The classes will be available to Capital Place occupants, free of charge.

Please follow below instruction to book your slot:

-Simply download FITCO (available on iOS and Android)

-Sign up and input '20FPXFITCO' to get FREE 250 **FIT Points**

-Tap 'See All' on classes category and type 'Capital Place' in the location field

-Choose your preferred class according to the existing schedule and tap 'Book This Session'

-See your confirmed upcoming booking on the 'Activities' page

-Tap 'Scan QR Code' before the class start to confirm your attendance

Enjoy the Class in Komunal - L2 at 6PM. Hope to see you there!

GRAB KITCHEN IS NOW HERE IN CAPITAL PLACE

We are delighted to announce the opening of Grab Kitchen on 2 September 2019. Grab Kitchen will be available for dine in or take away at Retail Podium - L3. There will be 4 operators joining the Grab Kitchen; Gokana Ramen & Teppan, Geprek Bensu, HAUS! and Yummy (Healthy Food).

Opening Hours: 10 AM - 10 PM.

Treat yourself to a range of simple, honest, flavorsome dishes only at Grab Kitchen.





Date	Class Name	Date	Class Name
8 Aug	pound fit	02 Oct	yoga
14 Sep	yoga	09 Oct	calisthenics
1 Sep	calisthenics	16 Oct	zumba
8 Sep	zumba	23 Oct	pound fit
!5 Sep	pound fit	30 Oct	outdoor cycling

FITCO

Pop-up Classes

Get IT ON Google Play



IT IS BLOOD DONOR DAY

Every year, Capital Place occupants generously donate their blood to help others.

We would like to invite you to participate in the next blood donation day at Capital Place on Thursday, 19 September 2019. Please bring your ID Card and PMI card (if any) on 19 September 2019. One day before the donation, please make sure you sleep well and do not consume any medication. Thank you for your support.

GIVE THE JOY OF IDUL ADHA TO THE NEEDY

Capital Place donated a cow to the local community this Idul Adha.

Mr. Yonatan Kachko (General Manager of Four Seasons Hotel Jakarta) and Ms. Laura Ratih (Owner representative for PT. Mahkota Prima Properti) attended the Idul Adha donation to the local community.





DONATION TO FIRE VICTIMS

Following a recent fire in the neighborhood Kampung, which destroyed 15 homes, Capital Place provided the impacted residents with a donation to help re-build their homes. We wish them all the best.



SHVR GROUND FESTIVAL 2019

Music enthusiasts in Indonesia must prepare themselves to welcome another massive music festival, SHVR GROUND FESTIVAL 2019. On 6 and 7 September 2019, SHVR GROUND FESTIVAL will present Above & Beyond, Afrojack, Timmy Trumpet, Brennan Heart, Darius, Orjan Nilsen, Attila Syah, Andre Dunant, Junkie Munkie, LTN, and Resti. They are preparing three spectacular music stages full with outer space feels that will take you to experience something you never felt in other music festivals.

For more information, please visit: www.shvr.id or contact Novi at Concierge desk.

INDONESIA INTERNATIONAL BOOK FAIR (IIBF)

Ikatan Penerbit Indonesia (IKAPI) will be organising their annual book fair, Indonesia International Book Fair (IIBF) 2019. With the slogan "It's not just a book fair. It's a book affair", Ikapi invite you to engage more closely with books. They will also organize various cultural and educational program. The IIBF 2019 will be held at Balai Sidang Jakarta, Jakarta Convention Center, Senayan on 4 - 8 September 2019.

2019 "MFC"

A BRIEF INQUIRY INTO ONLINE RELATIONSHIPS

LIVE IN JAKARTA

29 SEPTEMBER 2019

GBK HELIPAD PARKING GROUND



For more information, visit indonesia-bookfair.com



THE 1975 LIVE IN JAKARTA

In February, The 1975 won the coveted Best Album at the BRIT Awards. Three months later, the band won two major prizes at the Ivor Novellos for songwriting and composing. Comprising four members, the band hails from Manchester and has released three albums since 2013.

British rock group The 1975 is set to hold a concert on 29 September at Helipad Parking Ground GBK Senayan, Jakarta.

To secure your ticket, please ask Novi at Concierge desk for her assistance.

GAIN A BETTER INSIGHT INTO THE CAPITAL PLACE TEAM

To effectively manage the facilitation and review of the proposed fit-outs, move-ins and modification of multiple retail and commercial tenants, Building Management Team need an expert to handle these. Our spotlight this month will be with our Fit Out Coordinator, Indri.



Here is our little chat with her:

Indriyani Puspita - Fit Out Coordinator

How long have you been working with the Capital Place Management Team and what are your responsibilities?

I have been working for almost 3 years as Fit Out Coordinator. My role is to supervise interior fit out construction in Capital Place, both for tenant and building projects.

What do you like most about your job?

I meet many people from different backgrounds, knowing variation of office and commercial interior design based on company types (corporate, E commerce, retail etc).

What do you like to do in your spare time?

Doing as freelance makeup artist and take gym classes.

What was the last book you read and the last movie you went to see?

I don't really like to read books. Last movie I watched was.... Crazy rich Asians (been re-watching too many times hehe)

If you had the choice to have lunch with anyone in the world, who would it be and why?

Chrissy Teigen. (John Legend's wife). She's very funny and can cook many great meals – She even has her own cook book.

WHAT'S ON AT THE MOVIES?



IT CHAPTER TWO

The evil clown Pennywise returns to torment the grown-up members of the Losers Club because every 27 years evil revisits the town of Derry, Maine. IT: Chapter Two brings the characters—who have long since gone their separate ways—back together as adults. The second film based on Stephen King's novel focuses on the adult versions of the characters in IT

ZEROVILLE

With two tattoos of Montgomery Clift and Elizabeth Taylor on his shaved head, Vikar rides a bus into Hollywood and soon makes an impression on a beautiful actress -- thus beginning a dreamlike journey through the film business in the 1970s.





RUNNING WITH THE DEVIL

When a cocaine shipment is compromised to the dismay of a drug cartel's CEO, known simply as The Boss, he orders his most trusted henchman, The Cook, and his partner, another master drug trafficker known as The Man, on a dangerous journey to audit the company's supply chain. As the drugs make their perilous trek across international borders, past gangsters, refiners, and couriers, they are also being tracked by Federal Agents. When The Cook realizes where the network is breaking down, it may be too late to keep the cartel satisfied.

WHAT'S ON AT THE MOVIES?



HUSTLERS

Details a crew of savvy former strip club employees who band together to turn the tables on their Wall Street clients. Jennifer Lopez will play ringleader to the group of ambitious women who take their plans of getting their full cut too far.

ABOMINABLE

When teenage Yi (Chloe Bennet, Marvel's Agents of S.H.I.E.L.D.) encounters a young Yeti on the roof of her apartment building in Shanghai, she and her mischievous friends, Jin (Tenzing Norgay Trainor) and Peng (Albert Tsai), name him "Everest" and embark on an epic quest to reunite the magical creature with his family at the highest point on Earth. But the trio of friends will have to stay one-step ahead of Burnish (Eddie Izzard), a wealthy man intent on capturing a Yeti, and zoologist Dr. Zara (Sarah Paulson) to help Everest get home.





AD ASTRA

Astronaut Roy McBride (Brad Pitt) travels to the outer edges of the solar system to find his missing father and unravel a mystery that threatens the survival of our planet. His journey will uncover secrets that challenge the nature of human existence and our place in the cosmos.



HAPPENING IN SEPTEMBER



Miyazaki Beef Nasi Goreng is really a treat for everyone. Whether for a quick lunch meeting or a dinner with your loved one, this Nasi Goreng is the ultimate comfort food to fill up your tummy.

Miyazaki Nasi Goreng available daily for lunch and dinner at Palm Court.

Pair your favorite coffee with this special treat of the month. Made simply from scratch, this Boston donut are irresistible.

Available daily from 07.00 am - 07.00 pm at Dolcetto.





Who doesn't love this American favorite treat? Have a slice or two of our Pecan Pie, not only it's delicious but also eye-pleasing, suitable for a gift for your acquaintances.

Available daily from 10.00 AM – 08.00 PM at La Patisserie.